

To ensure pickup,  
please phone booking by:

<b>AM</b>	<b>PM</b>
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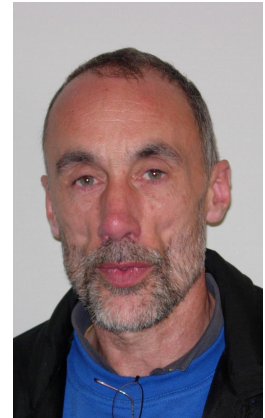
Area	AM	PM
Port Tennant Martime Quarter Mount Pleasnt	08:15 - 09:15	15:15 - 16:45
Winch Wen Enterprise Park Treboeth	09:15-10:30	14:15 - 15:15
Heol Las Alltwen	10:30 - 11:45	13:00 - 14:15



Lyndon Hoskins - Fastway Courier Franchisee, Fastway Couriers South Wales  
This business is independently owned

## Swansea East

Your local Courier Franchisee



**Lyndon  
Hoskins**  
**07816 065757**

### The Fastway difference:

- **Economic** - consistently competitive pricing
- **Reliable** - twice daily pick up and delivery
- **Easy** - prepaid labels and flat rate pricing

[www.fastwaycouriers.co.uk](http://www.fastwaycouriers.co.uk)  
**Track & Trace  
your parcel - 24hours**